



Patient-Centered Treatment for Substance Use Disorder in Primary Care

Toolkit

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Module 1 - Navigating Buprenorphine Prescribing for the Primary Care Physician

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Information Specific to Providers as Members of the Care Team	11-13

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
The Narcotic Farm	<ul style="list-style-type: none"> A documentary outlining the history of the federal prison/hospital in Lexington, Kentucky that was the first to treat drug addiction as a medical rather than a criminal problem.
Become a Buprenorphine Waivered Practitioner (SAMHSA)	<ul style="list-style-type: none"> Up-to-date information, provided by SAMHSA on requirements for buprenorphine prescribing.
DSM-5 Criteria for Substance Use Disorders: Recommendations and Rationale	<ul style="list-style-type: none"> An article published in the American Journal of Psychiatry that outlines major issues and evidence considered by the workgroup that drafted recommendations for the DSM-V criteria for substance use disorder.

Module 2 - Substance Use Disorder and Patient Identification

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Introduction to the Nurse Care Manager Model of OBAT	10
Goals of OBAT Treatment	18
Patient Initiation Roadmap	20
DSM-5 Checklist of Diagnostic Criteria: Opioid Use Disorder	179-180

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
AIMS (Advanced Integrated Mental Health Solutions) Center Implementation Guide - Create a Clinical Workflow	<ul style="list-style-type: none"> This Implementation Guide was developed to support implementation of the Collaborative Care Model (CoCM). The Clinical Workflow Plan (linked under Implementation Resources) provides a worksheet care teams can use to document who, how, when, and where specific tasks are completed. While the tasks may be different, the framework may assist teams with clinical workflow development discussions.
A Single-Question Screening Test for Drug Use in Primary Care	<ul style="list-style-type: none"> A reference article about a single-question screening test for drug use and drug use disorders in primary care.
Drug Abuse Screening Test (DAST-10)	<ul style="list-style-type: none"> Information regarding the questions contained within the DAST-10.
NIDA (National Institute on Drug Abuse)-Modified ASSIST	<ul style="list-style-type: none"> An interactive online screening tool for drug use in a general medical setting.
SAMHSA page on SBIRT	<ul style="list-style-type: none"> Information from the Substance Abuse and Mental Health Services Administration regarding the SBIRT Model including general information, practice resources, and coding for reimbursement support.
eCQM Specifications and Materials	<ul style="list-style-type: none"> Up to date information about electronic clinical quality measures.
MAPS (Michigan Automated Prescription System) User Support Manual	<ul style="list-style-type: none"> Information regarding use of AWARe, Michigan's Prescription Drug Monitoring Program.
Washington State Agency Medical Directors' Group Opioid Dose Calculator	<ul style="list-style-type: none"> An online tool to assist with calculation of the total morphine equivalents per day.

Module 3 - Buprenorphine Medical Management: Monitoring the Patient

The following section of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) is relevant to this module:

Section	Page(s)
Monitoring, Retention, and Treatment Considerations – Toxicology Screening	62-63

The following resource is also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
Appropriate Use of Drug Testing in Clinical Addiction Medicine: A Consensus Statement	<ul style="list-style-type: none"> • A consensus statement from the American Society of Addiction Medicine that provides guidance on effective use of drug testing in the identification, diagnosis, treatment, and promotion of recovery for patients with, or at risk for, addiction. • This resource is the primary reference for the content outlined in module 3.

Module 4 - OBAT Eligibility, Intake and Assessment

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Candidates for OBAT	18
Goals of OBAT Treatment	18
Initial Screening Overview	20
OBAT NCM Intake Overview	21-22
OBAT Provider Visit Overview	22-23
Initial Screening Note Template	96-104
OBAT Nurse Intake Template	105-111
OBAT Treatment Agreement and Clinic Policies Overview	148-151
Sample OBAT Treatment Agreement (multiple languages)	152-156

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
Motivational Interviewing: Helping People Change, 3rd Edition	<ul style="list-style-type: none"> A book that provides information and examples of the motivational interviewing process.
Motivational Interviewing in Health Care: Helping Patients Change Behaviors (Applications of Motivational Interviewing)	<ul style="list-style-type: none"> A book that outlines tools to enhance communication and patient engagement.
Books Recommended by MINT (Motivational Interviewing Network of Trainers)	<ul style="list-style-type: none"> A list of various books and workbooks on the topic of motivational interviewing.
Building Motivational Interviewing Skills: A Practitioner Workbook	<ul style="list-style-type: none"> A motivational interviewing workbook that allows readers to work through sample dialogues, exercise and practice opportunities.

Module 5 - Challenging Clinical Scenarios in MOUD: Early Refills and Lost or Stolen Medication

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Care Team Components	11-17
Treatment Initiation, Stabilization, and Maintenance (including medications beyond buprenorphine)	27-61
Monitoring, Retention, and Treatment Considerations	62-64
Evaluating and Revising the Treatment Plan	85-95
OBAT Treatment Agreement and Clinic Policies Overview	148-151
Sample OBAT Treatment Agreement (multiple languages)	152-156

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
TIP 40: Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction: Treatment Improvement Protocol (TIP) Series 40 (2004)	<ul style="list-style-type: none"> • Consensus- and evidence-based treatment guidance for the use of buprenorphine from the Substance Abuse and Mental Health Services Administration (SAMHSA). • Provides physicians with information they can use to make practical and informed decisions about the use of buprenorphine to treat opioid addiction.
ASAM National Practice Guideline for Use of Medications in the Treatment of Addiction Involving Opioid Use (2015)	<ul style="list-style-type: none"> • Evidence-based information on the treatment of opioid use disorder from the American Society of Addiction Medicine (ASAM).
PCSS Guidance – Buprenorphine Induction (2013)	<ul style="list-style-type: none"> • Additional guidance (beyond what is provided in the TIP 40 Guidelines) on buprenorphine induction from the Providers Clinical Support System (PCSS).
A Patient’s Guide to Starting Buprenorphine at Home	<ul style="list-style-type: none"> • Patient information on buprenorphine induction.

Module 6 - Patient Support for Induction and Maintenance

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Introduction to the Nurse Care Manager Model of OBAT	10
Candidates for OBAT	18
Goals of OBAT Treatment	18
Patient Initiation Roadmap	20
Treatment Initiation, Stabilization, and Maintenance (including medications beyond buprenorphine)	27-61
Buprenorphine Initiation Note Template	112-114
OBAT Nursing Follow-Up Note Template	115-119
Treatment Consent Forms	120-127
Pharmacotherapy for Managing Opioid Withdrawal	157
A Guide for Patients Beginning Buprenorphine Treatment	158-159
Clinical Tools: COWS Scale	181-182
Pharmacotherapy for Opioid Use Disorder	187-189

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
Suboxone® Medication Guide	<ul style="list-style-type: none"> Contains important information about buprenorphine/naloxone sublingual films.
AIMS (Advanced Integrated Mental Health Solutions) Center Relapse Prevention Plan	<ul style="list-style-type: none"> This relapse prevention plan was developed to support patients with depression – general principles apply to relapse prevention planning for substance use disorder.
How to Create a Successful Relapse Prevention Plan	<ul style="list-style-type: none"> An article that outlines all the components of a relapse prevention plan and how to craft one to support a patient with substance use disorder.

Module 7 - Complex Cases in Buprenorphine Treatment, Part 1

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Treatment Initiation, Stabilization, and Maintenance (including medications beyond buprenorphine)	27-61
Monitoring, Retention, and Treatment Considerations	62-84
Evaluating and Revising the Treatment Plan	85-95

The following resource is also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
False-Positive Ethyl Glucuronide Immunoassay Screening Caused by a Propyl Alcohol-Based Hand Sanitizer	<ul style="list-style-type: none"> An article from Forensic Science International that describes false-positive DRI EIE EtG enzyme immunoassay results caused by propyl glucuronides in urine after using a propanol-based hand sanitizer.

Module 8 - Operationalizing Team Meetings, Systematic Case Review, & Documentation

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Care Team Components	11-17
Initial Screening Note Template	96-104
OBAT Nurse Intake Template	105-111
Buprenorphine Initiation Note Template	112-114
OBAT Nursing Follow-Up Note Template	115-119

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
Using SBAR Communications in Efforts to Prevent Patient Rehospitalizations	<ul style="list-style-type: none"> An article from Home Healthcare Now that explores why communication between team members can be a challenge, introduces SBAR communication, analyzes SBAR components, and provides templates and examples.
Professional Communication and Team Collaboration	<ul style="list-style-type: none"> A chapter on communication from Patient Safety and Quality: An Evidence-Based Handbook for Nurses. This chapter discusses the importance of effective communication, barriers, and practice implications (including SBAR and alternatives).

NOTE: Refer to [SBAR Example – New Patient Case](#) handout.

Module 9 - Complex Cases in Buprenorphine Treatment, Part 2

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Treatment Initiation, Stabilization, and Maintenance (including medications beyond buprenorphine)	27-61
Monitoring, Retention, and Treatment Considerations	62-84
Evaluating and Revising the Treatment Plan	85-95

Module 10 - Team Roles and Responsibilities

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Care Team Components	11-17

The following resources are also relevant to this module and may provide additional support:

Resource (with link)	Brief Description
Creating Patient-Centered Team-Based Primary Care	<ul style="list-style-type: none"> Information from the Patient-Centered Medical Home Resource Center about patient-centered team-based primary care.
AIMS (Advanced Integrated Mental Health Solutions) Center Implementation Guide - Create a Clinical Workflow	<ul style="list-style-type: none"> This Implementation Guide was developed to support implementation of the Collaborative Care Model (CoCM). The Clinical Workflow Plan (linked under Implementation Resources) provides a worksheet care teams can use to document who, how, when, and where specific tasks are completed. While the tasks may be different, the framework may assist teams with clinical workflow development discussions.
Care Coordination	<ul style="list-style-type: none"> Information about care coordination from the Agency for Healthcare Research and Quality.
Team-Based Care: Moving from Ideas to Action	<ul style="list-style-type: none"> A Q & A article from the Institute for Healthcare Improvement focused on providing guidance to teams interested in implementing team-based care.
Pain Guide	<ul style="list-style-type: none"> An education and self-management resource developed by the University of Michigan in support of a patient-centric model of chronic pain care. This resource contains a symptoms and activity tracker based on the SPACE and ERASE concepts covered in this module.
FAQs and Fact Sheets regarding Substance Abuse Confidentiality Regulations	<ul style="list-style-type: none"> Information from the Substance Abuse and Mental Health Services Administration (SAMHSA) on confidentiality regulations related to treatment of substance use disorder, including 42 CFR Part 2.

NOTE: Refer to [Fillable Tasks and Roles Spreadsheet](#) (click [here](#) if you intent to print the document)

Module 11 - Pain and Addiction

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Treatment Initiation, Stabilization, and Maintenance (including medications beyond buprenorphine)	27-61
Monitoring, Retention, and Treatment Considerations	62-84
Evaluating and Revising the Treatment Plan	85-95

Module 12 - Supporting the Patient Beyond Buprenorphine

The following sections of the [Office-Based Addiction Treatment Training and Technical Assistance + \(OBAT TTA+\)](#) are relevant to this module:

Section	Page(s)
Care Team Components	11-17
Injectable Buprenorphine (Sublocade®)	42-50
Naltrexone	53-61
Monitoring, Retention, and Treatment Considerations	62-84